### TOWNSHIP OF MONTGOMERY BOARD OF HEALTH AGENDA 7:30 PM April 10<sup>th</sup> 2019 Meeting Location – Montgomery Twp. Courtroom

- I. <u>OPENING STATEMENT</u> Adequate notice of the meeting as required by sections 3(d) and 4(a) of the Open Public Meeting Act has been provided to the public and filed with the Township Clerk.
- II. <u>BOARD MEMBERS</u> Mr. Bucci (), Dr. Lambert (), Mr. Kaganowicz (), Dr. Grayson (), Dr. McGeary (), Dr. Faisal (), Dr. Sharma

Alternate 1: Mrs. Scully () Alternate 2: Dr. Naini ()

HEALTH OFFICER – Stephanie Carey -STAFF SECRETARY – Jennifer Foster -TOWNSHIP COMMITTEE LIASON: — Catherine Gural ADVISOR – Dr. Wolfson ADVISOR – Dr. Couch

### III. <u>PUBLIC COMMENTS</u>

### IV. <u>CONCENT AGENDA</u>

All matters listed hereunder are considered routine in nature and will be approved in one motion. Any member request that an item(s) be removed for separate consideration:

### A. MONTHLY REPORTS

- 1. Health Department Monthly Report March 2019
- 2. Communicable Disease Report March 2019
- 3. Animal Control Report March 2019
- **B.** <u>MINUTES APPROVED:</u> The minutes of the regular meetings of the Board of Health held on March 13, 2019

Approved:

Seconded:

### V. <u>Montgomery Township Board of Health Ordinance 2019-01: Health</u> <u>Officer Salary Ordinance for 2019 & 2020 Public Hearing</u>

Title: AN ORDINANCE ESTABLISHING A COMPREHENSIVE SALARY AND WAGE PLAN FOR THE TOWNSHIP OF MONTGOMERY BOARD OF HEALTH, AND TO PROVIDE FOR ITS ADMINISTRATION IN 2019 & 2020

Public Hearing:			
C C	Motion to close:	Seconded:	
	All in Favor:	Opposed:	
	that the foregoing	ordinance be herby pa 10 <sup>th</sup> 2019 and that notic	Montgomery Board of Health ssed on its second and final ce hereof be published in an
Motion:	Sec	conded:	
	rayson (),Dr. McG	bert ( ), Mr. Kaganow beary ( ), Dr. Faisal ( ),	icz ( ),

Alternate 1: Mrs. Scully () Alternate 2: Dr. Naini ()

#### VI. **Annual Local Health Report Presentation**

### VII. Montgomery Board of Health Resolution 2019-09 In Support of Later School Start Times To Improve Adolescent Health

Whereas, Evidence shows that lack of sleep has significant deleterious effects on adolescents, and

Whereas, Adolescents have a demonstrated shift in circadian rhythm by 2-3 hours secondary to melatonin release and cannot fall asleep easily before 10:30-11pm, and

Whereas, sleep deprivation impacts academic performance, mental health, and safety, and

Whereas, a major cause of lack of sleep is early school start times, and Whereas, Recommendations from the American Academy of Pediatrics, the Centers for Disease Control, and the County Health Rankings strategies all agree that school start times for adolescents should not begin before 8:30am, Now, therefore, be it resolved by the Board of Health of the Township of Montgomery, this 10<sup>th</sup> day of April 2019, that, based on evidence and expert policy statements, the Board hereby agrees that early school start times, before 8:30am for adolescents, is deleterious to their health and well-being. The Board further recommends that the Board of Education strongly consider this and actively investigate any and all options to change school start times for adolescents to 8:30am or later.

Seconded: Motion:

Roll Call: Mr. Bucci (), Dr. Lambert (), Mr. Kaganowicz (), Dr. Grayson (), Dr. McGeary (), Dr. Faisal (), Dr. Sharma ()

Alternate 1: Mrs. Scully () Alternate 2: Dr. Naini ()

# VIII. Grease Ordinance Updates

## IX. <u>Retail Food Letter Grading Additional Criteria to Determine Grades</u> <u>from "NYC Health Department"</u>

## X. <u>Health Officers Comments</u>

- 1. Results of the Community Health Equity Forum
- 2. Accreditation Action Plan Updates

## XI. <u>ADJOURNMENT</u>

Having no further business to discuss the meeting will now adjourn at\_\_\_\_\_

Motion to adjourn was moved by and seconded by

Next Meeting of the Montgomery Township Board of Health will be on May 8th 2019